

Dr Aiyesha Melnicenko BSc, BSc Hons (Psych), PGDip Clin Psych, PhD (Psych), MAPS



is a registered Clinical Psychologist, who is passionate about mental health recovery and empowering people to attend to their emotional wellbeing to build rich, meaningful lives. Following her undergraduate studies in biology and psychology, Aiyesha completed her clinical psychology studies in New Zealand, as well as a doctorate focused on adolescent sexual wellbeing and culture. Aiyesha has had over 16 years of experience as a clinician and leader, working across

community and inpatient settings in public and private mental health services in Australia and New Zealand, including adult mental health, addictions, personality disorder, specialist youth services, and child and family mental health.

Aiyesha has lived and worked in the Wyndham community for over 9 years. In her current role, Aiyesha provides leadership, support and oversight of the Psychology workforce across a metro public mental health service. Aiyesha also maintains a small private psychology practice. She is comprehensively trained in a range of evidence-based psychological treatments and is a Psychology Board approved supervisor. She has particular interest and expertise in assessing and treating borderline personality disorder, emotion dysregulation, self-injury and suicidality, mood and anxiety disorders, and trauma. In both her hospital and private work, Aiyesha has provided consultation, education, workshops, and clinical supervision to a range of health professionals and organisations. Previously, Aiyesha managed the therapy programs of a local private hospital and was honoured to contribute to its growth from a new establishment to a thriving hospital with a multitude of mental health programs.

Aiyesha is a member of the Australian Psychological Society and of the Victorian Directors of Psychology in Public Health. She is motivated by developing and nurturing quality initiatives, which lead to effective and compassionate mental health care and hope in our community.

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